

We request lunch reservations be made at least 2 days before and only up to two weeks in advance. We also request you limit your dates for lunch each week so others may have a chance to add. Please be mindful of the dates for which you have registered or check with the Front Desk for your reservation status to be reminded. Lunch cost is \$5.

PLEASE inform kitchen staff if you have any food allergies before having lunch with us.

MENU FOR OCTOBER

Mon, Oct 2	Chicken Marsala, linguine, roasted zucchini
Tue, Oct 3	Meatloaf, mashed potatoes and carrots
Wed, Oct 4	American chop suey, peas, garlic bread
Thu, Oct 5	Shrimp risotto with buttered peas
Mon, Oct 9	HOLIDAY
Tue, Oct 10	Oven fried chicken with pan gravy, mashed potatoes, dilled carrots
Wed, Oct 11	Spinach lasagna with marinara and garlic bread
Thu, Oct 12	Grilled pub steak with bearnaise sauce, fresh green beans, roasted potatoes
Mon, Oct 16	Pot roast, pan gravy, mashed potatoes and carrots
Tue, Oct 17	Pork chop with stuffing and sautéed apple rings, peas and rice pilaf
Wed, Oct 18	Cavatappi with sausage, capers, baby spinach and roasted butternut, garlic bread
Thu, Oct 19	Baked haddock, parslied red bliss potatoes, fresh broccoli
Mon, Oct 23	Chicken piccata, wild rice pilaf, butternut squash
Tue, Oct 24	Tuna melt, sweet potato fries
Wed, Oct 25	Penne with meatballs, zucchini, rolls and butter
Thu, Oct 26	Shrimp scampi on mushroom risotto, garlic toast
Mon, Oct 30	Roast pork tenderloin dijonaise, mashed potato, cabbage and applies
Tue, Oct 31	Ham and cheese quiche, pea soup
Wed, Nov 1	Lasagna with meat sauce, peas and garlic bread
Thu, Oct 2	Baked haddock, roasted carrots and parsnips, creamed spinach

EVENT REMINDERS:

Tuesday, Oct 3 – **BINGO** with John Ross after lunch in the Minot Room! Play for a free lunch!
 Tuesday, Oct 10 – **SINGO** with Ed in the Egypt Room at 1:30 – Prizes and great music!
 Tuesday, Oct 17 – Entertainment by Matt York and the **Music of Johnny Cash** at 1:30!